Multiple Resources to Help You

Manage Your Account

Does managing COBRA sound complicated? Don't worry, our dedicated service center is available to help with any of your individual needs.

NBS Call Center

Below is an overview of what to expect when contacting NBS at 800-274-0503.
To ensure your security, we take every step to protect your account. Please have the following information ready when you call:

- Social Security Number (SSN)
- Date of Birth (DOB)
- Zip Code

You may be asked for additional information during your call for further identity verification. This is done to safeguard your personal details and protect your account.

We look forward to serving you!

Hours of Operation:
6:00 a.m. - 6:00 p.m. MST
Monday - Friday
Phone: 800-274-0503
Fax: (844) 438-1496
Email: COBRA@nbsbenefits.com

Website Chat Features

Visit https://www.nbsbenefits.com

For those who prefer, we also offer an alternative option to engage with a live agent through the chat feature on our website.

Identity Verification

To ensure your security, we take every step to protect your account. Please have the following information ready when you connect:

- Full Name
- Social Security Number (SSN)
- Name of Employer (of account)

